

Lay Witness Prayer Intro

Intro

Good Evening/Morning, our name/my name is _____. I have been invited to share my story of prayer. Before I do that, I will share an excerpt from book. *Anything we do that honors, strengthens, or deepens our relationship to God can become a form of prayer. One woman recovering from knee surgery said that swimming was her deepest form of prayer. "I imagine I am breathing in God's love and breathing out my worries. And then, because my injured body is so cumbersome on land, I am grateful for how the water holds me up and gives me rest even as I swim. This reminds me how God's love does that for me every moment of every day."*

At this time you are invited to share an experience in your life when you answered Jesus call. Please choose an experience that is personal. You are not expected to share any intimate details.

My Story:

- Why do you pray?
- How do you pray?
- What has been your most meaningful prayer experience? Why? How did this prayer experience bring you closer to Jesus?
- Has your prayer life had any challenges or difficulties?
- What encouragement could you offer others to pray?

Outro

Pray as you can, not as you can't. During our times of prayer with Jesus we listen for his voice. A voice of peace in distress, a voice of comfort in sorry, a voice joy when all is right with our world. Our important role in prayer is to make each moment an opportunity to receive God's grace, just as the swimmer I spoke about earlier. So pray! Pray as you know how! Pray without ceasing giving Jesus an opportunity to speak to us in each moment of our lives.